

# Julia Richardson

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Los Angeles, CA

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## **EDUCATION**

### **University of California Los Angeles, CenterX**

*Master of Education, Teacher Education Program — In Progress*

*Dean's Scholar*

*4.0 GPA*

### **UCLA Extension**

*Early Childhood Education, Basic Core Program — 2017-2018*

*13 Credits Completed, 4.0 GPA*

### **California Institute of the Arts**

*Bachelor of Fine Arts — 2011*

*3.9 GPA*

## **CERTIFICATION**

### **Yoga Alliance Certified Yoga Instructor (RYT-200) for Adults and Kids Ages 2-15**

*YogaWorks; Pacific Palisades, CA — 2012*

### **Red Cross Certified CPR/AED/First-Aid for Children, Infants & Adults**

## **TEACHING EXPERIENCE**

### **Student Teacher**

*Cienega Elementary School; Los Angeles, CA — October 2018 - March 2019*

- Taught Multiple Subjects in a Kindergarten MELD classroom under Master Teacher Carolynn Sanchez
- Used CA Benchmark, CGI, EngageNY and original culturally relevant curricula in response to unique student demographic

### **Co-Instructor of Citizenship and Financial Capability Classes**

*International Rescue Committee; Los Angeles, CA — April 2018 - Present*

- Co-taught weekly adult classes in Boyle Heights to support immigrants and refugees through the U.S. citizenship process and prepare them for all aspects of testing

### **Long-Term Substitute Teacher**

*The Help Group; Culver City, CA — April 2016 - November 2016*

- Under provisional teacher's permit, designed individualized curriculum for each special needs student; taught young adults aged 16-21 with low-functioning autism and emotional disturbance in the High School Sunrise program
- Managed and supervised five teacher's aides

### **Job Coach/Teacher's Aide & Substitute Teacher**

*The Help Group; Culver City, CA — October 2015 - April 2016*

- Assisted lead teacher in the Vocational Education program to teach job and independent living skills to at-risk young adults with autism and emotional disturbance; assisted in the animal therapy program
- Substituted as teacher in various special-needs classrooms with students aged 9-21

## **PAID EMPLOYMENT & VOLUNTEER EXPERIENCE**

### **Los Angeles Event Committee Member**

*Valentino Achak Deng Foundation; San Francisco, CA — August 2017 - Present*

- Assisted in administrative tasks and the organization of charitable events benefitting the VAD Foundation, a nonprofit organization established by Minister of Education in South Sudan Valentino Deng and Dave Eggers, working in South Sudan to create community-driven development projects including the construction and operation of a secondary school, teacher training, promotion of literacy for children and creation of a new boarding school for girls

### **Art Coach**

*CoachArt; Los Angeles, CA — July 2017 - Present*

- Co-led group art activities for children ages 3-15 in CHLA's Rheumatoid Arthritis Support Group
- Provided in-home after-school art lessons to children with chronic illness

### **Therapist**

*Total Education Solutions; Los Angeles, CA — December 2016 - June 2018*

- Provided ABA in-class therapy to at-risk children with special needs and autism at Western Avenue Elementary School

### **Lead Creative & Administrative Assistant**

*CobaltSaffron Organization; St. Orens Pouy-Petit, France — October 2013 - Present*

- Managed and coordinated bi-annual seminars in the U.S. led by Darrell Calkins; organized event space and equipment rentals; facilitated communications between team members and attendees internationally; published web-based promotional creative material
- Assisted in negotiations internationally with people from widely varying backgrounds
- Recorded, produced and edited audio/visual material from international events; archived all writings, publications and audio/visual material

### **Art Therapist**

*Private Practice; San Francisco, CA — October 2012 - November 2014*

- Guided adults and children on the spectrum of autism in a specialized visual art and yoga therapy program blended with traditional ABA techniques tailored to the individual needs of each client
- Led creative movement and yoga classes for children of all ages and levels of ability, including adaptive yoga classes for children and adults in wheelchairs and with degenerative diseases
- Created program to sell artwork on client's behalf; all proceeds donated to Pomeroy Recreation & Rehabilitation Center supporting young adults with autism

### **ABA Therapist & Social Skills Group Assistant Leader**

*GOALS For Autism; East Bay Area, CA — February 2013 - January 2014*

- Provided in-home ABA therapy to children on the autistic spectrum
- Co-led social groups for children and at-risk teens on the autistic spectrum

## **TRAINING/CONFERENCES**

### **Personal Development & Communication Skills with Darrell Calkins — 2008 - Present**

I have been attending seminars and retreats multiple times per year since 2008 with Darrell Calkins, who has led workshops internationally in highly diverse and complex social contexts across the U.S., Europe and in the Middle East for more than 35 years. Workshops range in subject matter from communication skills to stress management in high-pressure situations to wellbeing to peacebuilding and conflict resolution. They consist of lectures, discussions and exercises examining themes in psychology, anthropology, sociology, Asian philosophy, comparative religions, literature and art to uncover innovative solutions to social issues.

### **Peer Resource Training with Ira Sachnoff — June 2017**

This conference was a two day training with Ira Sachnoff, one of the founding fathers of the Peer Helping Movement and educator of over 30 years, on how to set up a Peer Helping Program and train youth to become peer educators on tobacco, drugs, violence prevention, alcohol and other health related issues, co-facilitators of support groups, and/or peer tutors. We learned progressive communication and conflict management skills through lectures, discussion, and experience-based group exercises. The purpose is to empower youth.

## **MEMBERSHIPS**

### **Mensa International**

I've been a member of Mensa for more than 20 years and participate in online-based forums for intellectual exchange of ideas on philosophy, education and cultural interest.

## **AWARDS**

### **Super Staff Recognition**

*Total Education Solutions — September 2017*

- Recognized for being an outstanding support in class, communicating professionally and implementing feedback

## **CHILDREN'S BOOK PUBLICATIONS**

### **Animal Observation Sketchbook for California Native Wildlife (and kids who love nature)**

*Author and Illustrator, Published by Joyful Confident Flow Press — 2014*